

[WEEKLY MENU]



Week 1

Weeks Commencing: Mon 4th Sept - Mon 25th Sept - Mon 16th Oct - Mon 13th Nov - Mon 4th Dec



Main Dish of the Day

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Veggie Sausage & Crushed Potato with Gravy (G, MK)	Italian Roasted Vegetable Pasta (G)	Chinese Chicken Noodles (CE, E, G, MU*, SO)	Veggie Meatball & Vegetable Pasta (CE, E*, G, MU*, SE*, SO)	Fish Finger & Chips (F, G)
Vegetarian Dish of the Day	Roasted Vegetable Burrito (CE, G, MU)	Vegetable Bean Burger & Seasoned Potato Wedge (G, SE*)	Vegetable Wellington (CE, E, G)	Vegetable Bolognese with Spaghetti (CE, G)	Vegan Nuggets & Chips (G)
Vegetable Choice	Seasonal Greens	Baked Beans or Coleslaw (E, MU)	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Garlic Bread & Green Salad (G, MK)	Beans or Peas
Dessert of the Day	Banana Sponge with Vanilla Sauce (E, G, MK)	Fruit Jelly	Apple Crumble & Custard (G, MK)	Lemon Drizzle Cake (E, G, SU)	Chocolate Chip Cookie (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

Kender Primary School

