

KENDER

[WEEKLY MENU]



Week 3

Weeks Commencing: Mon 1st May - Mon 22nd May - Mon 19th Jun - Mon 10th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Quorn Hot Dog (E, G, SE*)	Vegetable Calzone (G, MK)	Roast Chicken & Roast Gravy	Hoi Sin Vegetable Noodles (CE, E, G, MU*, SO)	Baked Battered Fish with Tomato Ketchup (F, G)
Vegetarian Dish of the Day	Veggie Burger in a Bun (G, SE*)	Veggie Meatballs in a Rich Tomato Sauce (CE, E*, G, MU*, SE*, SO*)	Roasted Vegetable Parcel (CE, G)	Jerk Vegetable Wrap (G)	Vegan Sausage Roll with Tomato Ketchup (G, MK*, SO)
Vegetable Choice	Wedges Peas Carrots	Pasta (G) Green Salad	Baby Roast Potatoes Medley of Seasonal Vegetables	Rice & Peas (CE) Salad	Chips Beans Peas
Dessert of the Day	Pancakes with Summer Berries (E, G, MK)	Chocolate & Pear Cake with Caramel (E, G, MK)	Summer Fruit Yoghurt (MK)	Lemon Cake with Lemon Drizzle (E, G, MK)	Jelly & Ice-Cream (MK)
Jacket Potato Bar	See Board for Details - options inc. Cheese (MK, Tuna Mayo (F) & Beans	See Board for Details - options inc. Cheese (MK, Tuna Mayo (F) & Beans	See Board for Details - options inc. Cheese (MK, Tuna Mayo (F) & Beans	See Board for Details - options inc. Cheese (MK, Tuna Mayo (F) & Beans	See Board for Details - options inc. Cheese (MK, Tuna Mayo (F) & Beans
Cold Selection	Salad Bar Homemade Bread (G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (G, MK, SO) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk,
MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds
* = May Contain

