

KENDER

[WEEKLY MENU]



Week 1

Weeks Commencing: Mon 17th Apr - Mon 8th May - Mon 5th Jun - Mon 26th Jun - Mon 17th Jul



Main Dish of the Day

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Quorn in a Tomato & Basil Sauce (CE, E)	Bunless Vegetable Burger (G)	Roast Chicken, Stuffing & Roast Gravy (G)	Lentil Dhal (CE, G*)	Baked Battered Fish with Tomato Ketchup (F, G)
Vegetarian Dish of the Day	Roasted Tomato & Basil Pasta Bake (G, MK)	Vegetable Sausages & Gravy (CE, G)	Thyme & Garlic Roasted Quorn Fillet (G)	Vegetable Korma (CE, G*)	Vegan Hot Dog in a Sub Roll (G)
Vegetable Choice	Penne Pasta (G) Roasted Medley of Vegetables	Mash Potato (MK) Carrots Green Beans	Baby Roast Potatoes Medley of Seasonal Vegetables	Vegetable Rice Naan Bread (G, MK)	Chips Beans Peas
Dessert of the Day	Apple Flapjack (G)	Chocolate & Orange Cake with Chocolate Sauce (E, G, MK)	Fruit Jelly & Whipped Cream (MK)	Iced Sponge with Berry Sauce (E, G)	Ice Fruit Lolly
Jacket Potato Bar	See Board for Details - options inc. Cheese (MK, Tuna Mayo (F) & Beans	See Board for Details - options inc. Cheese (MK, Tuna Mayo (F) & Beans	See Board for Details - options inc. Cheese (MK, Tuna Mayo (F) & Beans	See Board for Details - options inc. Cheese (MK, Tuna Mayo (F) & Beans	See Board for Details - options inc. Cheese (MK, Tuna Mayo (F) & Beans
Cold Selection	Salad Bar Homemade Bread (G, SO, MK) Fresh Fruit	Salad Bar Homemade Bread (G, SO, MK) Fresh Fruit	Salad Bar Homemade Bread (G, SO, MK) Fresh Fruit	Salad Bar Homemade Bread (G, SO, MK) Fresh Fruit	Salad Bar Homemade Bread (G, SO, MK) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

