## RSE - relationship and sex education - curriculum overview

EYFS	Pupils learn about self care eg washing hands, going to the toilet, developing understanding about touch appropriate and inappropriate touch - perhaps using the PANTS lessons NSPCC and following Pupils learn about people who help keep them safe outside the home. Pupils learn to manage different feelings Pupils learn about what makes themselves and others special Pupils learn about roles and responsibilities at home and school Pupils learn about being co-operative with others. Through stories and discussions pupils will learn about different types of family and relationship Pupils will learn to respect and accept differences and challenge stereotypes.						
Year 1	Pupils learn about personal safety. Pupils learn about people who help keep them safe outside the home. Pupils learn to manage different feelings Pupils learn about what makes themselves and others special Pupils learn about roles and responsibilities at home and school Pupils learn about being co-operative with others. Pupils learn about different types of families, including same sex parents - emphasis on all different types of family. Pupils will learn to respect and accept differences and challenge stereotypes.						
Year 2	Pupils learn to understand and respect the differences and similarities between people.	Pupils learn about the biological differences between male and female animals and their role in the life cycle	Pupils learn that everybody needs to be cared for and ways in which they care for others				
Year 3	Pupils learn biological differences between male and female children (Parents have the right to withdraw their children from these lessons)	Pupils learn about growing from young to old and that they are growing and changing					
Year 4	Pupils learn about the way we grow and change throughout the human life cycle	Pupils learn the physical changes associated with puberty	Pupils learn about the impact of puberty on physical hygiene and strategies for managing this				
Year 5	Pupils learn about menstruation and wet dreams	Pupils learn how puberty affects emotions and behaviour and strategies for dealing with this	Pupils learn to answer each other's questions about puberty with confidence, to seek support and advice when they need it.	Pupils learn to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact.	Pupils learn about roles and responsibilities of parents and carers.		
Year 6	Pupils learn about the changes that occur during puberty	Pupils learn what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships	Pupils learn abut human reproduction in the context of the human life cycle (Parents have the right to withdraw their children from these lessons)	Pupils learn how a baby is made and grows (conception and pregnancy) (Parents have the right to withdraw their children from these lessons)	Pupils learn to answer each other's questions about sex and relationships with confidence, where to find support and advice when they need it.	Pupils learn some myths and misconceptions about HIV, who it affects and how it can and cannot be transmitted. (Parents have the right to withdraw their children from these lessons)	Pupils learn that contraception can be used to stop a baby being conceived. (Parents have the right to withdraw a their children from these lessons)