

Ideas for keeping children entertained at home

It is important for you and your children to stick to a routine at home. Try not to let them watch too much TV or play on tablets. Follow the recommended guidelines for remote learning (6x20 mins of learning) Use this time at home as an opportunity to learn new skills and engage with your child.

Board Games

Jungle speed
Avocado Smash
Exploding kittens
Dobble
Carcassone
Cluedo
Quibble
Draughts
Monopoly
Chess
Boggle
Ludo
Scrabble
Beetle Drive
Banagrams
Top trumps
Play Charades
Card games
Dominoes
Matching Pairs
Connect four
Word search
Suduko

<https://parenting.firstcry.com/articles/top-40-fun-indoor-games-for-kids/>

LEARN A NEW SKILL

Sewing
Knitting
Weaving
A new language
Origami
Flower Pressing

ART and CREATIVE IDEAS

Paint or draw a still life - arrange some objects that you would like to draw and place them on a table and your are ready.
Draw your mum, dad, brother, sister
Draw a comic strip
Easter arts and crafts
Design and make an easter hat
Clay modelling
Salt dough - 1 cup salt, 2 cups flour, 2 cups water
Design an outfit for a superhero.
Design your perfect outfit

Be ACTIVE - 30 minutes a day.

DAILY MILE - somewhere safe.
Running up and down the stairs
Easy Workout
20 mountain climbers
20 star jumps
20 sit ups
20 burpees
20 squats
20 lunges
Repeat as many times as possible

On line -
<https://www.nhs.uk/change4life/activities>
<https://www.gonoodle.com>
<https://www.headspace.com/meditation/kids>
<https://www.youtube.com/watch?v=LhYtcadR9nw>
<https://www.youtube.com/watch?v=dhCM0C6GnrY>

Skipping
Hola Hoop
Get on your trampoline
Make up a dance routine

Build something



spectacular with lego!!

Other ideas...

Make a stop motion film
Make a video diary
Write a diary - you could be the next Anne Frank!
Put on a fashion show
Write your own movie or play script and perform and video.
Scavenger hunt
Make play dough
Websites:
<https://www.activityvillage.co.uk>
<https://www.thebestideasforkids.com>

Cooking

Make bread
Make a cake
Make cookies
Make a family meal
Make a menu for you family.
Make easter eggs
Make easter nests
Make a stir fry
Beans on toast
Egg on toast
<https://www.bbcgoodfood.com/recipes/collection/kids-cooking>

Websites to try

<https://www.pinterest.co.uk/patinaparadise/kids-activity-ideas/>
www.bbc.co.uk/bitesize
www.kahnacademy.org
www.bbc.co.uk/newsround
[https://www.youtube.com/watch?v=amGarkUgGow](http://www.bbc.co.uk/cbbc/shows/horrible-https://www.youtube.com/watch?v=amGarkUgGow)