

What to bring to Hindleap Warren

We look forward to welcoming you to Hindleap Warren and hope that you have a fantastic experience. To ensure that you get the most out of your stay at Hindleap it is important that you come prepared for the adventurous activities and the British weather. Please look carefully at our advice below on what you will need for your stay.

In the summer please do not forget to bring a hat, sun cream and a water bottle.

In the winter it can get very cold and the majority of our sessions take place outside. The best way to keep warm is to wear lots of layers like long sleeved tops and fleeces combined with warm socks, hats and gloves.

Below is a list of clothes, footwear and other items that you should pack for your trip to Hindleap.

- ✓ T-shirts
- ✓ Sweatshirts/fleeces
- ✓ Trousers (tracksuit bottoms NOT JEANS)
- ✓ Waterproofs (jacket and trousers)
- ✓ Clothing to wear in the Centre
- ✓ Gloves and hat
- ✓ Plenty of spare underwear and socks
- ✓ Swimming costume
- ✓ Old trainers
- ✓ Wellington boots
- ✓ Shoes to wear indoors and/or slippers
- ✓ Towels
- ✓ Toiletries

Hints and Tips

- ✓ A couple of large bin liners are ideal for carrying wet dirty kit and to assist packing on return journey.
- ✓ Do not over pack your bag – you have to be able to carry it!
- ✓ If your bag has wheels it will be easier for you to move it around.

Sample Kit List:

Item	Number of Items	Packed at home	Packed at centre
Clothes			
Night wear			
Underwear			
Pairs of socks (including plenty of spares)			
Trousers (It is important that the students do not wear jeans whilst doing the activities for safety and comfort reasons)			
Shorts			
T Shirts			
Long sleeved top for archery			
Jumper/sweatshirt/fleece			
Waterproof jacket/anorak			
Waterproof trousers or trousers that can get muddy			
Disco clothes			
Towels			
Swimwear			
Trainers or other substantial footwear, plus extra to get wet/dirty			

Toiletries			
Toothbrush			
Toothpaste			
Sponge/facecloth			
Soap / Shower gel			
Hair products i.e. shampoo/conditioner			
Hair ties (for long hair)			
Sun cream			

Other			
Sunglasses			
Book/magazine to read			
Water bottle			
Gloves/hat/cap			
Camera			
Small Torch			